



Doctors For Kids News Update – Fall 2018



We are excited to announce the addition of Dr. Zara Siddiq, D.O. to the Doctors for Kids team. She recently completed her post-doctoral pediatric residency training at one of the biggest children's hospital in New York— Maimonides Infants and Children's Hospital of Brooklyn.

Dr. Siddiq was born and raised in Dallas, Texas, where most of her family still resides and she visits often-- whenever the Michigan weather gets too cold. She graduated from The University of Texas at Dallas with a Bachelors of Arts- double majoring in Biology and Business Administration.

Her background as an Osteopathic Doctor (D.O.) helps her to treat each patient as a whole and to focus on prevention by gaining an understanding of the lifestyle and environment, rather than just treating the symptoms. She has a special interest in development and behavior, obesity prevention, asthma control, and ADHD management.

She will be an amazing addition to our team of providers, Dr. Mavani, Dr. Kathy and Dr. Jesse. They all share the same philosophy of addressing the whole child.

Healthy School Lunch Photo Contest Enter to Win a \$25.00 LEGO® Gift Card



Please send entries for our healthiest school lunch photo contest by email to:

patient.concierge@docsforkids.org

Please attach a completed photographic waiver to all entries (available at www.docsforkids.org under forms)

Criteria:

Picture is of your child with their healthy lunch. Child must have helped prepare their healthy lunch.

Contents:

- Dr. Zara Siddiq
- Extended hours
- Healthy Lunches Photo Contest
- Flu shots at your convenience



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Doctors For Kids
Wellness Center:
www.drmaavani.org
to sign up online for Wellness Center Courses, Classes and Special Events
or email:
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FLU SHOTS ARE IN...
Don't delay, come and see us today!

Doctors For Kids is Making Getting Flu Shots More Convenient than Ever Before!

Monday through Friday – Same Day Flu Shots Appointments

Vaccination is encouraged by the end of October to maximize the likelihood of vaccine-induced protection through the season, however flu shots will be offered as long as influenza viruses are circulating.

Below are some recommendations from the CDC (Center for Disease Control) on the flu vaccine for the 2018-2019 season.

- Routine yearly influenza vaccination are recommended for all persons aged ≥ 6 months who do not have contraindications.*
- Children with a history of severe egg allergy should get the flu shot at their allergist's office.*
- Household contacts (including children) and caregivers of children aged ≤ 59 months (i.e., aged < 5 years) particularly contacts of children aged < 6 months should be vaccinated (as the vaccine is not approved for children < 6 months of age).*
- Pregnant women and those who have recently delivered have been observed to be at higher risk for severe illness/complications from influenza (especially during 2nd and 3rd trimesters).*

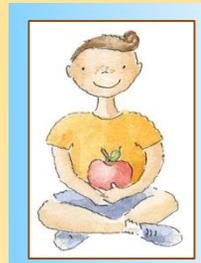
The flu shots we carry are PRESERVATIVE FREE and single dose vials, the best kind available.

We now have extended hours on 3 week days. Please note the schedule below.

<i>Monday</i>	<i>8:30 am to 6:30 pm</i>
<i>Tuesday</i>	<i>8:30 am to 6:30 pm</i>
<i>Wednesday</i>	<i>8:30 am to 5:15 pm</i>
<i>Thursday</i>	<i>8:30 am to 6:30 pm – Newly Extended</i>
<i>Friday</i>	<i>8:30 am to 5:15 pm</i>

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